Hi All,

We wanted to send out another update about COVID-19, this time about how to seek virtual access to healthcare if you are concerned that you may have coronavirus, or another medical condition that requires immediate attention, or need other healthcare-related assistance.

In general, medical professionals have been asking potential patients to please contact them in advance of seeking in-person medical attention (unless it is an emergency situation). This precaution is intended to prevent unnecessary contacts that may further spread the virus, and to permit medical professionals to take appropriate steps if it is determined that you need in-person attention and may have the coronavirus.

We wanted to remind all employees of the telemedicine options and resources available to them through the company healthcare coverage offered through [PEO or other means by which your company obtains healthcare coverage]:

* ***[Health insurance company and contact details]* [Example: *Aetna***- Aetna has a [COVID-19 FAQ page](https://www.aetna.com/individuals-families/member-rights-resources/covid19.html), which includes a list of augmented benefits. In the interest of the public health, Aetna is offering $0 copays for telemedicine appointments via the [Aetna Health App](https://www.aetna.com/individuals-families/using-your-aetna-benefits/aetna-mobile/health-app.html), which may include [Teladoc options](https://member.teladoc.com/aetna).]
* ***[Concierge medical service and contact details, if applicable]* [Example:** One Medical offers [virtual healthcare](https://www.onemedical.com/blog/live-well/virtual-care-and-when-to-use-it) (including a "Treat Me Now" option, a messaging service, and the ability to video chat). Some options may not be available if you have not previously seen a One Medical provider, but One Medical is continuing to evolve their response. They also have a [coronavirus FAQ](https://www.onemedical.com/blog/live-well/what-you-should-know-about-coronavirus), as well as a [blog](https://www.onemedical.com/blog/) featuring numerous updates about COVID-19.]
* ***[Virtual health/ telehealth service (may be provided by health insurance company) and contact details, if applicable]* [Example: *Teladoc***- A telemedicine option that does not have an in-person component is [Teladoc](https://www.teladoc.com/). Teladoc is free for all employees [through Justworks](https://help.justworks.com/hc/en-us/articles/360004530231-Teladoc), although copays may apply. They also have a [coronavirus](https://www.teladoc.com/coronavirus/) FAQ, but as they do not have a physical medical center, they may ultimately direct you to other resources.]
* ***[Employee Assistance Program (EAP) service and contact details, if applicable]* [Example: *Health Advocate***- [Health Advocate](https://www.healthadvocate.com/site/) is another resource provided [through Justworks](https://help.justworks.com/hc/en-us/articles/360004530211-Health-Advocate-FAQs). Health Advocate does not provide medical care, but it does help individuals understand their options, locate the appropriate resources, and navigate the billing and payment process.]

In addition to these resources, many urgent care centers have set up virtual medicine options, and/ or are asking that you call before seeking treatment. [Here in NYC, City MD is also currently offering a [virtual medicine option](https://www.citymd.com/news/coronavirus-faq).] **[DELETE IF NOT RELEVANT. ADD YOUR OWN EXAMPLE IF YOU CAN]**

We also ask you to please let us know as soon as possible if you are feeling ill. We hope to help keep everyone healthy and safe during this outbreak.

Thank you, and please let us know if you have any questions.

Best,

[COMPANY LEADERSHIP]